



FOR IMMEDIATE RELEASE

September 26, 2008

What: *Belly Dancing Three Ways*
When: Mondays, October 6, 13, 20, 27
Where: Creative Spirit Center, 1517 Bayliss Street, Midland
Cost: \$45/\$40 members
Information: Call 989-837-1885 or e-mail creativity@creativespiritcenter.org

[Midland] – The Belly Dance Divas are teaching belly dance in three formats at Creative Spirit Center during October. Two classes for beginners, *Belly Dance Booty Camp Basic Training* (6.45 – 7.30 pm) and *Belly Dance Booty Camp Steppin' Up* (7.30 – 8.15 pm), will teach fitness through the color, flair, and exoticism of belly dancing. An intermediate class, *Dance Like a Diva* (6 – 6.45 pm), will teach belly dance choreography and may lead to an invitation to perform with a planned new troupe – the Midland Belly Dance Divas.

About the Belly Dance Divas™

The Belly Dance Divas™ are a professional dance company who teach and perform belly dance throughout the mid-Michigan region. Their dance/fitness class was recently rated by *Interlude* magazine as one of the top 10 fun/fitness classes to take in the Tri-City area. They teach eight levels of belly dance, including a course new in 2008 at Saginaw Valley State University, and have recently created the Saginaw Belly Dance Divas™. By Fall 2009 they plan to establish two new troupes -- the Midland Belly Dance Divas™ and the Davison Belly Dance Divas™.

Their performing groups include the Traveling Divas and a Red Hat troupe, the Crimson Roses. The seven Traveling Divas travel within Michigan, and beyond, performing in staged productions. The Crimson Roses are seven ladies who embrace their age and perform for Red Hat and community events. The Traveling Divas and the Crimson Roses express the Divas' unique style with spirited performances that include cabaret, tribal, folkloric, fusion, and traditional Middle Eastern belly dancing.

The Belly Dance Divas currently teach over 300 women each week. Their mission is to promote belly dance as an art form which showcases the beauty of being a woman. They embrace the attitude that no matter what your age, shape, or size YOU CAN BE A DIVA!!!

About Creative Spirit Center

Creative Spirit Center is a not-for-profit community arts organization founded in 1994. The Center's mission is to create an environment for people of all ages to experience the creative process through ongoing classes, conferences, concerts, speakers and outreach programs; and its goal is to enhance the development of physical, psychological and spiritual wellness through the arts and humanities.

Contact: **Colleen Reed, Program Coordinator**
Creative Spirit Center (989) 837-1885 creed@creativespiritcenter.org

[Note: JPGs attached separately:]