Pre-registration required for all classes and workshops. Pricing reflects a $3 per class discount on cash/check transactions. Those with Medicaid may choose to utilize part of their Community Living Supports budget for inclusion in the program. Payment plans are available. Look for our special SUMMER ONLY CLASSES and SUMMER CAMPS!

**SPRING SESSION**

**MONDAYS:** May 6, 13, 20, (no 27), June 3, 10, 17, 24, July 1 — 8 week session

**Woodshop AM I** — Design, construct, and paint or stain your own projects using hand tools, hand-held drills, circular saws, and jigsaws. Select from wood pieces on hand or bring in your own supplies. Your only limit is your imagination! With George Patton. **Limit 6 students:** 9:30-11:00 am / $60 (Additional Woodshop classes offered Tuesdays, Thursdays and Fridays)

**Cooking Made Easy: Michigan Favorites** — Learn how to cook healthy meals and snacks using fresh ingredients as you gain insight into how to shop smart and meal plan for the week using sales and local produce. This semester we focus on delicious dishes that Michigan is known for! With Shari Denton. 11:30 am-1:30 pm / $65 + $15 materials

**Trataka Meditation: Still Eyes, Still Mind** — This meditation technique involves focusing the eyes (and, in turn, the mind) through intent but relaxed gazing. Meditation has been shown to decrease anxiety, promote emotional control, improve memory and focus, and increase attention span. **On the first day, bring an object that is meaningful to you that can fit in the palm of your hand.** With Jacob Mohr. 2:00-3:30 pm / $60

**Strengthen, Stretch, and Move** — This full body workout will improve flexibility, coordination, balance, and posture using techniques from Pilates, step aerobics, yoga, and dance. Learn a variety of fun ways to stay active! Mats provided. Wear comfortable clothing. With Megan Marino. 3:30 pm-4:30 pm / $55

**Creative Ceramics Workshop** — You will work on a series of specific ceramics projects, following along with the instructor step-by-step as you learn basic acrylic painting techniques. Take your ceramics to the next level by adding to the design using paint pouring and other unique techniques, creating bases and adding mixed media decoration. With Jacob Mohr. 3:45-5:15 pm / $60 + $10 materials

**TUESDAYS:** May 7, 14, 21, 28, June 4, 11, 18, 25 — 8 week session

**Woodshop AM II** — See Monday’s description. With George Patton. **Limit 6 students:** 9:30-11:00 am / $60

**Music Jam Session** — Have fun singing, moving, and making music with instruments. Music making helps each person address social, motor, communication, and emotional identification skills and develop self-expression. With Sunghui Lee, Board Certified Music Therapist. **Limit 10 students:** 10:00-11:00 am / $60

**Creative Minds** — Learn new art techniques as you create projects inspired by artists from the present and past. Become inspired by the masters as you develop your own unique style. There will be a special focus on famous artists with disabilities. Let’s explore art together! With Allise Noble. 11:00-12:30 pm / $60

**Everything Spring!** — Work together as a group to create a gorgeous nature inspired mural that is an ode to spring. We will create art using unexpected materials like silk and dried flowers, branches, and leaves while listening to calming nature sounds to get in the spirit. With Renee Rosecrans. 12:30-2:00 pm / $60

**Let’s Dance!** — Get a great workout as you learn a special dance together as a group! Students will have the opportunity to perform their dance routine in a recital on the last day of class. With Renee Rosecrans. 2:30-3:30 pm / $55

**Tell Your Story! Art Scrapbooking** — Explore a variety of mixed mediatechniques including stamping, stenciling, collaging, art journaling, creating texture on paper, and more as you create your own visual story in a 12x12 scrapbook. Keep your photos organized in a creative and meaningful way. **Students must bring photos from home to participate.** With Shari Denton. 3:45-5:15 pm / $60

**WEDNESDAYS:** May 8, 15, 22, 29, June 5, 12, 19, 26 — 8 week session

**Exploring Art** — Anything goes in this class! Enjoy experimenting with a variety of art media: watercolor, acrylic, pastels, pottery and wood with a goal of finding out what art form interests you most. With George Patton. 9:30-11:00 am / $60

**Weaving & Fabric Arts** — Learn how to work with felt, yarn, fabric scraps and mixed media elements such as beads and feathers to create beautiful works of art. Simple hand sewing will be taught. Projects are adaptable to all skill levels. With Shelby Hatt. 11:30 am-1:00 pm / $60

**Postcard Art** — Create beautiful postcard sized mixed media art using a variety of exciting techniques using felt, fabric, yarn, clay, and more. These miniature artworks make beautiful gifts, and would also be something unique to sell or display. With Shelby Hatt. 1:00-3:00 pm / $60

**Marvelous Masks** — Use air dry clay and acrylic paint to create decorative masks. If you want to model your mask after a beloved pet, bring in a photo! Create people, animals, fantasy creatures, super heroes... there are no limits! With Shelby Hatt. 3:30-5:00 pm / $60

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**Twice the fun! SPRING & SUMMER 2019**

Express Yourself Artshop provides opportunities for arts education to people of all ages and abilities including those with disabilities. An Inclusive program, everyone is welcome to join an Artshop class or workshop, especially if you prefer a more relaxed pace as you create. Artshop is a caring community of teachers, artists, students and staff that encourage and promote each person’s self-expression.
THURSDAYS: May 9, 16, 23, 30, June 6, 13, 20, 27 — 8 week session

Creative Candy & Crafts — Make a variety of fun and affordable craft projects that can easily be recreated at home. You will also try out many delicious homemade candy recipes. These projects make quality creations you can give as thoughtful gifts, sell, or enjoy yourself. With Lara Sullivan, Disability Network’s Peer Support Lead Specialist. 9:00-10:30 am / $60

Piñata Party! — Celebrate with your own homemade piñata! Together we will create and fill our own piñata’s step-by-step. Other multicultural projects will be explored as time allows. With Christina Malacara. 10:45 am-12:15 pm / $60

Healthy Moves — Fight the afternoon energy crash and get moving! Try different ways to exercise, reduce stress and feel happier with dynamic dance and movement games. With Nicki Suppe, Certified Yoga Instructor. 11:30 am-12:30 pm / $55

Captivating Collage — Explore the art of collage and create beautiful and fantastical scenes out of cut out images. You will also learn about other famous artists who created collage art. With Christina Malacara. 12:30-2:00 pm / $60

Artshop Community Theatre (ACTing) — Experience the exciting world of drama as you put on a play from start to finish, including costumes, makeup, and set design. Learn how to act expressively and memorize lines to the best of your ability. **Backstage roles are available for those who don’t want to perform on stage.** With Amy Behrens & Shari Denton. 12:30-2:00 pm. **Meets 2x/week on Thursday & Friday. NO class 5/10** / $60

Painting — Learn acrylic painting techniques with a variety of projects as you explore brushstrokes, blending, color mixing, using paint sticks and more. Projects are enjoyable for beginner as well as more experienced students. With Christina Malacara. 2:15-3:45 pm / $60

Woodshop PM I — See Monday’s description. With George Patton. **Limit 6 students.** 4:00-5:30 pm / $60

FRIDAYS: May 10, 17, 24, 31, June 7, 14, 21, 28 — 8 week session

Zumba — Join the dance party! Get a great workout while you follow choreographed routines set to energetic music. Favorite hits fill the room as though a top DJ were cranking the beats! Improve your health, flexibility and coordination in a fun way. With Renee Rosecrans. 11:30 am-12:30 pm / $55

Artshop Community Theatre (ACTing) — See Thursday’s description. 12:30-2:00 pm **NO class 5/10, Meets 2x/week on Thursday & Friday.**

Woodshop PM II — See Monday’s description. With George Patton. **Limit 6 students.** 4:30-6:00 pm / $60

SUMMER SESSION

MONDAYS: August 5, 12, 19, 26 — 4 week session

Woodshop AM I — Design, construct, and paint or stain your own projects using hand tools, hand-held drills, circular saws, and jigsaws. Select from wood pieces on hand or bring in your own supplies. Your only limit is your imagination! With George Patton. **Limit 6 students.** 9:30-11:00 am / $30 (Additional Woodshop classes on Tuesdays, Thursdays & Fridays)

Cooking Made Easy: Summer Sensations (SUMMER ONLY!) — Learn how to make a variety of sweet and savory special summer treats, how to use fresh herbs in your cooking, and even how to make homemade ice cream! Each day will bring a different tasty adventure. With Shari Denton. 11:30-1:30 pm / $35 + $10 materials

Tratata Meditation: Still Eyes, Still Mind — This meditation technique involves focusing the eyes (and, in turn, the mind) through intense but relaxed gazing. Meditation has been shown to decrease anxiety, promote emotional control, improve memory and focus, and increase attention span. **On the first day, bring an object that is meaningful to you that can fit in the palm of your hand.** With Jacob Mohr. 2:00-3:30 pm / $30

Strengthen, Stretch, and Move — This full body workout will improve flexibility, coordination, balance, and posture using techniques from Pilates, step aerobics, yoga, and dance. Learn a variety of fun ways to stay active! Mats provided. Wear comfortable clothing. With Megan Marino. 3:30-4:30 pm / $25

Creative Ceramic Workshop — You will work on a series of specific ceramics projects, following along with the instructor step-by-step as you learn basic acrylic painting techniques. Take your ceramics to the next level by adding to the design using paint pouring and other unique techniques, creating bases and adding mixed media decoration. With Jacob Mohr. 3:45-5:15 pm / $30 + $10 materials

TUESDAYS: August 6, 13, 20, 27 — 4 week session

Woodshop AM II — See Monday’s description. With George Patton. **Limit 6 students.** 9:30-11:00 am / $30

Music Jam Session — Have fun singing, moving, and making music with instruments. Music making helps each person address social, motor, communication, and emotional identification skills and develop self-expression. With Sunghui Lee, Board Certified Music Therapist. **Limit 10 students.** 10:00-11:00 am / $30

Creative Collaborations (SUMMER ONLY!) — Work together to create artwork to show at Creative 360’s annual fundraiser luncheon, learning new art techniques along the way. All skill levels are welcome, and many different artistic media will be used. The finished piece will be auctioned off to help Creative 360/Artshop with teachers, supplies and scholarships. With Shari Denton and Allise Noble. 12:15-1:45 pm / $20

Playful Paint Pouring (SUMMER ONLY!) — Explore the addictive art of paint pouring, creating beautiful and colorful designs on all sorts of surfaces. With Renee Rosecrans. 2:00-3:30 pm / $30 + $10 materials

Sensational Sand Art (SUMMER ONLY!) — Discover the unique process of building images using colored sand! Students will be taken through the process step-by-step, and will end up with a finished piece of 8x10 sand art on canvas. With Shari Denton. 3:45-5:15 pm / $30
**WEDNESDAYS: August 7, 14, 21, 28 — 4 week session**

**Exploring Art** — Anything goes in this class! Enjoy experimenting with a variety of artistic media: watercolor, acrylic, pastels, pottery and wood with a goal of finding out what art form interests you most. With George Patton. 9:30-11:00 am / $30

**Pin Pals (SUMMER ONLY!)** — Create artistic, pin cushions out of clay and felt as you learn basic clay hand-building skills and hand sewing techniques. These make fantastic gifts, and would also be a unique item to sell. With Shelby Hatt. 11:30 am-1:00 pm / $30

**Whimsical Wall Sculptures (SUMMER ONLY)** — Learn to build your own unique wall pocket out of clay. The finished piece can be used as a planter, a keeper of keys, mail, supplies anything you wish! With Shelby Hatt. 1:30-3:00 pm / $30

**My Pet Monster (SUMMER ONLY)** — Create a stuffed fantasy creature from your imagination out of felt and fabric. You will learn basic sewing and construction techniques, and the projects will be adaptable to each person’s comfort level with hand sewing. With Shelby Hatt. 3:30-5:00 pm / $30

**THURSDAYS: August 8, 15, 22, 29 — 4 week session**

**Rock Painting (SUMMER ONLY!)** — Learn basic painting techniques as you work on a natural canvas - rocks! Use them as paperweights, decorations, put them in your garden, give them as gifts or sell them! With Christiana Malacara. 10:45 am-12:15 pm / $30

**Intriguing Ink Art (SUMMER ONLY!)** — Explore the experimental process of mixing alcohol and ink as you create beautiful abstract, colorful patterns on a variety of surfaces. With Christiana Malacara. 12:30-2:00 pm / $30

**Ceramics: Adorable Owl Succulent Pots (SUMMER ONLY!)** — Glaze a set of premade ceramic owl formst to create a cute plant holder for the rest of the year! Learn to work with glazes and pot the plants to take home. With Christiana Malacara. 2:15-3:45 pm / $30

**Woodshop PM I** — See Monday’s description. With George Patton. **Limit 6 students.** 4:00-5:30 pm / $30

**FRIDAYS: August 9, 16, 23, 30 — 4 week session**

**Zumba** — Join the dance party! Get a great work out while you follow to choreographed routines set to energetic music. Improve your health, flexibility and coordination in a fun way. With Renee Rosecrans. 11:30 am-12:30 pm / $25

**Woodshop PM II** — See Monday’s description. With George Patton. **Limit 6 students.** 4:30-6:00 pm / $30

**SPECIAL ARTSHOP EVENTS** Pre-registration Required 989-837-1885

**SPRING PARTY AND MAKE-AND-TAKE** Say hello to warm weather! Enjoy food, friends, and a summery craft to take home. All are welcome! Come meet our fun and caring group of Artshop students and staff and see what we’re about! Friday, May 3 / 2:00-4:00 pm / No Charge

**ARTSHOP STUDENT & STAFF FUNDRAISER ART SALE** Come snag some unique and affordable original art and crafts created by our Artshop students and staff, visit with our student artists and enjoy treats baked with love by our cooking students. All proceeds benefit the Express Yourself Artshop program and our Artshop students. Saturday, June 29 / 10:00 am-4:00 pm

**ARTSHOP COMMUNITY THEATRE CAMP** Experience the full scope of being involved in a theatrical production from start to finish. A variety of roles will be available from acting, to stage, prop and costume design. Being comfortable performing a speaking role is not required! The object is not perfection, but to explore and gain an appreciation for all the different aspects of theatre. With Shari Denton and Allise Noble. Pre-registration required. July 22-26 / 9:00 am-12:00 pm / $85

**ARTSHOP SUMMER CAMP** Enjoy a sampling of all that Artshop has to offer with outdoor games and activities, cooking, candy making, crafting, acting, and more! We will meet at the MCFTA museum for our Wednesday session, so please have transportation arranged to and from the museum. With Shari Denton and Allise Noble. Pre-registration required. July 22-26 / 1:00-4:00 pm / $85. **$20 each day if you cannot attend all 5 days**

**ARTSHOP WORKSHOPS** Pre-registration Required 989-837-1885

**MARVELOUS MOSAICS**
Create mosaics using shimmering glass marbles and beads. You will be guided through projects step-by-step as you learn how to use small parts to create a cohesive design. You will also learn the best adhesive to use and how to properly seal your mosaic. With Shari Denton. Mondays 6:00-8:00 pm. **Beaded Mayan Sun — May 6, 13, 20 / $60**

**Glass Plate Flowers — June 3 / $20**
CREATIVE CANVAS EVENTS
Artist and Artshop Program Coordinator Allise Noble guides you step-by-step as you paint an 11x14 canvas. Learn acrylic painting techniques such as brushstrokes and blending colors. Templates and outlines are provided in addition to all the materials needed. Paint markers will be an option for fine details if you like. All ages welcome. Pre-registration required.
Tuesdays 6:00-8:00 pm / $20 each day
**May 21 - May Flowers**
**June 11 - Busy Hummingbird**

SPICE IT UP!
Spend a Saturday afternoon creating a decorative design on a set of salt and pepper shakers. You will learn about surface prep, brushstrokes, blending and creating patterns. You will even learn how to bake the shakers for scratch resistance and durability. With Megan McMullen. Saturday, June 1 / 12:00-2:00 pm / $20

ART THERAPY THROUGH MASK MAKING
Make your own unique mask from scratch using thermal plastic. A mask can sometimes disguise who you are, and sometimes reveal who you are. You will end up with a finished mask by the end of this workshop while you explore sculpting and finishing techniques. All materials provided, but you are welcome to bring in special decorative objects or materials from home if desired. Artist and Veteran Gene Miller is passionate about sharing the healing power of creativity. Friday and Saturday, June 7 and 8 / 6:00-8:00 pm / $40, plus $15 materials

MAKING A MARK
Learn to build images from the background up in this collaborative group workshop. Using water-based paints and inks, you will go from a blank 16”x 20” canvas to a collection of different colors and shapes that can either be a complete picture or the background for a distinctive composition. All materials are provided and students are to bring in sketches or images to work from. With Tisch M. Lewis, SVSU University Art Gallery Coordinator. Saturday, June 8 / 1:00-5:00 pm / $45

FIND US ONLINE!
Shop original student artwork and designs. Your purchase benefits both our Artshop program and the student artists!

- Artshop360.redbubble.com
- eBay.com/usr/ArtshopC360
- Facebook.com/Groups/ArtshopGallery

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