**WINTER 2020**

Express Yourself Artshop provides opportunities for arts education to people of all ages and abilities including those with disabilities. An Inclusive program, everyone is welcome to join an Artshop class or workshop, especially if you prefer a more relaxed pace as you create. Artshop is a caring community of teachers, artists, students and staff that encourage and promote each person’s self-expression.

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**Pre-registration required for all classes and workshops.**

Pricing reflects a $3 per class discount on cash/check transactions. Those with Medicaid may choose to utilize part of their Community Living Supports budget for inclusion in the program. Payment plans are available.

When Midland Public Schools are closed for a SNOW DAY, we are closed.

**MONDAYS: January 6, 13, (no 20), 27, February 3, 10, 17, 24, March 2, 9, 16, 23, 30, April 6, 13, 20 — 15 week session**

**Mosaics** — Learn the basics of building images with tiles and glass pieces in a series of small projects. Projects will be adjusted to be enjoyable for a variety of skill levels. With Tisch M. Lewis. 9:00-11:00 am / $126

**Woodshop AM I** — Design, construct, and paint or stain your own projects using hand tools, hand-held drills, circular saws, and jigsaws. Select from wood pieces on hand or bring in your own. Your only limit is your imagination! With George Patton. **Limit 6 students.** 9:30-11:00 am / $112 (More Woodshop classes on Tuesdays, Thursdays and Fridays)

**Photo Transfer** — Learn techniques for transferring images onto a variety of surfaces as you create a series of projects using your favorite photos. With Christiana Malacara. 11:15 am-12:45 pm / $112 + $10 materials

**Afternoon Sing Along** — Let your voice be heard! You’ll love the familiar songs and old favorites. Singing is a joyous way for us to bond with laughter and music. With Carol Rumba. 12:00-1:00 pm / $102

**Painting** — Learn acrylic painting techniques with a variety of projects as you explore brushstrokes, blending, color mixing, using paint sticks and more. Projects are enjoyable for beginner as well as more experienced students. With Christiana Malacara. 1:00-2:30 pm / $112 + $15 materials

**Paper Marbling** — Create a variety of beautiful projects with handmade marbled paper. Learn techniques for creating gorgeous, colorful designs. With Christiana Malacara. 2:45-4:15 pm / $112 + $10 materials

**Strengthen, Stretch, and Dance** — This full body workout can improve flexibility, coordination, balance and posture using techniques from Pilates, step aerobics, yoga and dance. Learn a variety of fun ways to stay active! Mats provided. Wear comfortable clothing. With Megan Marino. 4:30-5:30 pm / $102

**Easy Loom Knitting** — Make warm, cozy hats and scarves using round “easy looms” that make knitting an accessible activity for people of all abilities. You will learn techniques and gain skills to be able to continue knitting long after the class ends! With Ruth Rushlow. 4:30-6:00 pm / $112
**TUESDAYS: January 7, 14, 21, 28, February 4, 11, 18, 25, March 3, 10, 17, 24, 31, April 7, 14, 21 — 16 week session**

**Woodshop AM II** — See Monday’s description. With George Patton. **Limit 6 students.** 9:30-11:00 am / $120

**Music Jam Session** — Have fun singing, moving, and making music with instruments. Music making helps each person address social, motor, communication, and emotional identification skills and develop self-expression. With Sunghui Lee, Board Certified Music Therapist. **Limit 10 students.** 10:00-11:00 am / $120

**Cooking Made Easy** — Learn to cook healthy meals and snacks using fresh ingredients and gain insight into how to shop smart and plan meals using sales and local produce. With Diane Sweet-McKimmy. 11:30 am-1:30 pm / $135 + $15

**Creative Minds** — Learn new art techniques as you complete projects inspired by artists from the present and past. Become inspired by the masters as you develop your own unique style. There will be a special focus on famous artists with disabilities. Let’s explore art together! With Allise Noble. 11:45 am-1:15 pm / $120

**Clay Sculpture** Make one tabletop sized sculpture based on the work of Henry Moore. We will study Moore’s work and learn how to create form inside of an environment. With Shelby Hatt. 1:45-3:15 pm / $120

**Mixed Media Sculpture** — Make one tabletop sized sculpture based on the work of Yinka Shonibare. We will study Shonibare’s work and learn how to create balance and suggest movement. With Shelby Hatt. 3:45-5:15 pm / $120

**WEDNESDAYS: January 8, 15, 22, 29, February 5, 12, 19, 26, March 4, 11, 18, 25, April 1, 8, 15, 22 — 16 week session**

**Exploring Art** — Anything goes in this class! Enjoy experimenting with a variety of artistic media: watercolor, acrylic, pastels, pottery and wood with a goal of finding out what art form interests you most. With George Patton. 9:30-11:00 am / $120

**Drawing** — Learn drawing techniques as you work with pencil, ink, pastels, and more. Practice drawing both from life around you and from your imagination. This class is great for both complete beginners and those with some experience who wish to develop their skills. With Emiliano Vega. 11:30 am–1:00 pm / $120

**Comic Book Art** — Create your own comic or picture book from start to finish. Explore drawing techniques and learn how to create an illustrated short story with memorable characters. With Emiliano Vega. 1:30-3:00 pm / $120

**Experiments in Art** — Express yourself creatively as you try a variety of exciting projects in different mediums: hand painted stickers and magnets, T-shirts, airbrushing, homemade crayon shapes, stuffed animals, largescale group murals and more. With Emiliano Vega. 3:30-5:00 pm / $120
THURSDAYS: January 9, 16, 23, 30, February 6, 13, 20, 27, March 5, 12, 19, 26, April 2, 9, 16, 23 — 16 weeks

**Wearable Art** — Adorn yourself in art! You will work in a variety of mediums, creating jewelry and other fun wearables to show off yourself, give as gifts, or sell.
With Shelby Hatt and Allise Noble. 10:00-11:30 am / $120

**Healthy Moves** — Fight the afternoon energy crash and get moving! Try different ways to exercise, reduce stress and feel happier with dynamic dance and movement games.
With Nicki Suppes, Certified Yoga Instructor. 11:00 am-12:00 pm / $110

**Card Making** — Learn a variety of mixed media, stamping, and paper crafting techniques as you create beautiful handmade cards for a variety of occasions that are their own work of art.
With April Bilow.

*This class meets 8 weeks beginning March 5.* 11:45 am-1:15 pm / $60

**Artshop Community Theatre (ACTing)** — Experience the exciting world of drama as you put on a play from start to finish, including costumes, makeup and set design. Learn how to act expressively and memorize lines to the best of your ability.
With Amy Behrens and Louis Thurston. 12:00-1:30 pm / $120

**ArtPrize Artist Group** — Work on a collaborative project with the goal of submitting it for show at ArtPrize in Grand Rapids. This is a great opportunity for your art to be seen by people from all over the United States, all while working together with other artists encouraging each other and playing off of each other’s strengths.
With Shelby Hatt and Allise Noble. 2:00-3:30 pm / $120

**Woodshop PM I** — See Monday’s description. With George Patton. *Limit 6 students.* 4:00-5:30 pm / $120

FRIDAYS: January 10, 17, 24, 31, February 7, 14, 21, 28, March 6, 13, 20, 27, April 3, (no 10), 17, 24 — 15 week session

**Weaving** — Learn how to work with felt, yarn, fabric scraps and mixed media elements such as beads and feathers to create beautiful works of art. Beginning weaving and simple hand sewing will be taught. Projects are adaptable to all skill levels.
With Shelby Hatt. 12:30-2:00 pm / $112

**Ceramic Dragons** — Choose from a selection of pre-molded dragon figures to paint, while learning acrylic techniques for adding detail and personality to your pieces. This class involves a lot of fine detail work. Pieces are larger in size, so each student will work on a max of 3 different projects.
With Shelby Hatt. 2:30-4:00 pm / $112 + $10 materials

**Woodshop PM II** — See Monday’s description. With George Patton.

*Limit 6 students.* 4:30-6:00 pm / $112
HAPPY EARTH DAY! PLAY AND POP-UP ART SHOW
Enjoy the Artshop Community Theatre’s performance along with a pop-up art show. Come see what our student artists have accomplished this semester! Light refreshments will be provided by our cooking class, and some art will be available for purchase. Wednesday, April 22 / 6:00 -7:30 pm / No charge

CREATIVE CANVAS EVENTS
Artist and Artshop Program Coordinator Allise Noble guides you step-by-step as you paint an 11x14 canvas. Learn acrylic painting techniques such as brushstrokes and color blending. Templates and outlines are provided in addition to all the materials needed. All ages welcome. Preregistration required. Tuesdays 6:00-8:00 pm / $20 each day

SEASONAL CERAMICS PAINTING
Paint a pre-made ceramic figure in your favorite colors! Learn about base coats, sealing, and basic acrylic painting techniques. All ages welcome. Pre-registration required. With Shelly Kontak. Tuesdays 6:00-8:00 pm / $20 each day

Penguin Friends - January 21  Love and Flowers - February 11  Pop Art Pets - March 10

January 28 · Snowy Owl Lantern / March 24 · Spring Rabbit
**GORGEOUS GLASS PAINTING**
Spend an afternoon creating a decorative design on glassware.
You will learn about surface prep, brushstrokes, blending, creating patterns and how to bake the pieces for scratch resistance and durability.
With Megan McMullen. Saturdays 12:30-2:30 pm / $20 each day
*Pair of Snowflake Glasses - January 25*
*Pair of Spring Mugs - March 28*

**DIY SEWING KIT**
Make your own on-the-go sewing kit, complete with a pin cushion lid!
Students will also have the opportunity to make some additional mini pin cushions. All materials required to create and fill the kit are provided. With Melanie Hafelein. Saturday, February 1 / 1:30 -3:30 pm / $15 + $10 materials

**RECYCLED FLOWERS AND BUTTERFLIES**
Learn how to make some earth friendly art! Create a bouquet of colorful flowers and butterflies using empty juice and detergent containers. Add color and decorate your creations however you wish for an affordable and eye-catching spring decoration. All ages welcome. With April Bilow. Tuesday, April 14 / 6:30-8:30 pm /$20

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**FIND US ONLINE!**
Shop original student artwork and designs.
Your purchase benefits both our Artshop program and the student artists!
· ArtshopC360.redbubble.com
· eBay.com/usr/ArtshopC360
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